

Plan and Do at Plumtree

All families want their children to thrive and flourish. We work together with you towards this goal through our approach called Plan and Do.

All our staff use the Plan and Do approach. First, we work with you to set short-term goals to help you reach your NDIS funded goals. This may take one session, or it may take several. Then, we work with you and your child, using their strengths and interests to achieve these goals.

At Plumtree, we believe that families are the experts about their child. We as professionals will come and go, but families are always an integral part of children's lives. That is why we work regularly and closely in partnership with you to help meet your goals. Together we plan and then we do, making the most of your NDIS resources and working to reach the outcomes you want for your child.

We call the steps of the program 'Getting Started', 'Getting Going', and 'Next Steps'.

Getting started

We can do this in a number of ways depending on what is right for you.

- We may start with a conversation about what is important for you. We have developed some resources to guide this conversation
- We can also help you take a bigger picture approach through our Pictability Vision Setting tool.
- Then we will map out the coming sessions, talking about where they will take place and who will be there.
- We can also plan for regular 'Parent Only' meetings. We may suggest this if we are visiting your child's educational setting and don't see you regularly, to make sure we are all on track together. We may also suggest such a meeting if it is not possible to talk frankly about your concerns in front of your child.

Your Therapist/ Key Worker has the tools and resources to tailor your services for you. She will do this in conversation with you in a Parent Only meeting. Please feel welcome to keep talking with your Therapist/ Key Worker so that you work together to meet your goals.

