Explaining our Theory of Change

Now & Next is a capacity-building initiative for families of young children with a disability or developmental delay and co-designed with them.

This Theory of Change visually explains the practical work we have undertaken towards achieving this goal and the research we are building.

We started our work in 2015 at the bottom left of the visual by reviewing our evidence base, which we list here. Then each theme builds as we reach the top, demonstrating the outcomes of our Theory of Change.

We have an evaluation framework that includes standardised tools that measure the impact of our work. We are gradually building data for each level and you can follow our progress by exploring this site.
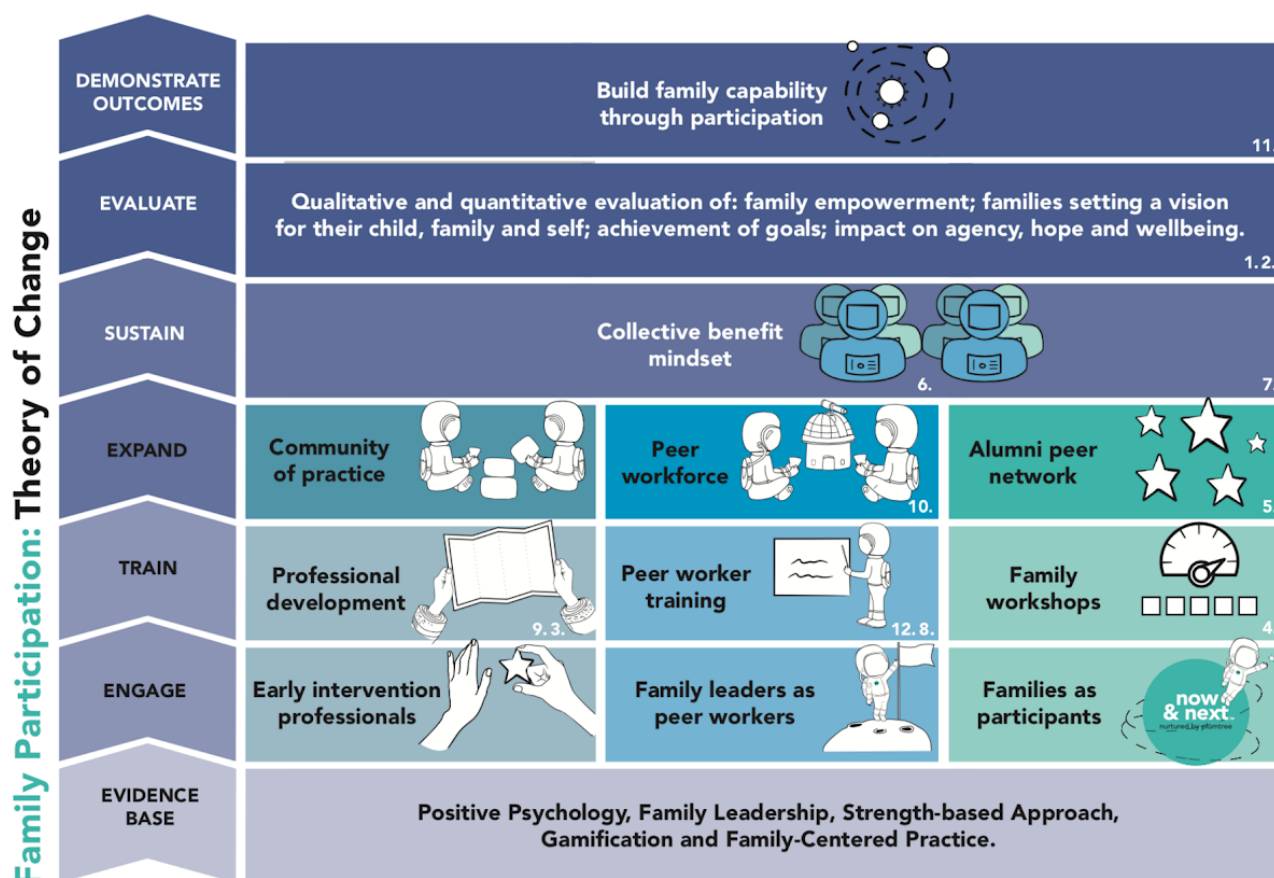
This family capacity-building initiative works on three groups of people, as shown in the illustration. Each has a part to play in our outcome: building family capability through participation.

- Participants who do the Now & Next program to achieve goals for their child, family or self

- Families who graduate and go on to train as Peer Workers

- Professionals who support families will to lead the teams which will support achieving their goals for their child and family

Our research follows each of these three groups of people as they engage, train and expand their knowledge and become part of collective communities.

See the footnote next page for more information on the Now & Next program and the Theory of Change,

Family Participation: Theory of Change

DEMONSTRATE OUTCOMES
Build family capability through participation
11.

EVALUATE
Qualitative and quantitative evaluation of: family empowerment; families setting a vision for their child, family and self; achievement of goals; impact on agency, hope and wellbeing.
1. 2.

SUSTAIN
Collective benefit mindset
6.   7.

EXPAND
Community of practice | Peer workforce 10. | Alumni peer network 5.

TRAIN
Professional development 9. 3. | Peer worker training 12. 8. | Family workshops 4.

ENGAGE
Early intervention professionals | Family leaders as peer workers | Families as participants
now & next. nurtured by plumtree

EVIDENCE BASE
Positive Psychology, Family Leadership, Strength-based Approach, Gamification and Family-Centered Practice.

The numbers in the illustration refer to research and publications building this Theory of Change.
Please turn over to access this body of research, or contact Dr. Annick Janson, Research Director of the project: annick@egl.ac.nz

Now & Next program   - plumtree.org.au/for-families-by-families/now-next/
Peer workers   - plumtree.org.au/for-families-by-families/parents-as-peer-workers/
Theory of Change   - sites.google.com/view/plumtree-learning-impact
Theory of Change publications   - now-and-next-alumni.blogspot.com/2018/12/theory-of-change.html