

# Home and community support

## Building independence, relationships, and making choices

**Fun, friendships and discovering new interests during the middle childhood years**

Many changes happen in the early childhood and school ages, Plumtree works with you to set up opportunities for your child to grow and develop. At home, they can be supported with good weekday and weekend routines, school goals, and skills for self-care and independence. Support in the community can include participating in activities like sport or hobby groups, and skills for building relationships and connections outside of family.

The focus is on meetings with you to develop goals and strategies for your child to thrive in the community. We then prepare resources designed to encourage your child's participation.

We may see your child at home or in the community to build their independence in areas such as getting dressed, gross motor activities or social skills. We can collaborate with community members to understand and enhance inclusion support.

We can visit you and your child after school or during school holidays as needed until you are accessing the community as planned.



### How we work with you

Plumtree's home and community support package is different to our early childhood intervention supports. There are fewer 1:1 therapy sessions as our role changes to become a consultant.



## Our charges

To provide a quality service and make your goals happen, we often do additional work at the office that is invoiced. This can include completing documents to access the school, creating resources or correspondence and coordination with educators, other family members or professionals.

As consultants, we do not invoice families for short conversations to set up appointments. However, we do charge when discussions on the phone or by email relate to topics such as planning, goal setting and strategies.

The reason is that these engagements are directly related to achieving positive outcomes for your child and family. To be clear about the services we invoice for, you and your therapist will create a plan in advance that includes office and other non-face-to-face work. Please talk to our client relationship manager if you would like to further discuss how we charge.

## Home and community support package

Children and their families have different needs. We will work with you to develop and implement a structured, individualised home and community support package.



Speak with your keyworker or therapist for more information.  
You can also contact Cathy, manager of the Family Centred Practice team:  
[cathyw@plumtree.org.au](mailto:cathyw@plumtree.org.au) or 02 9572 8840.