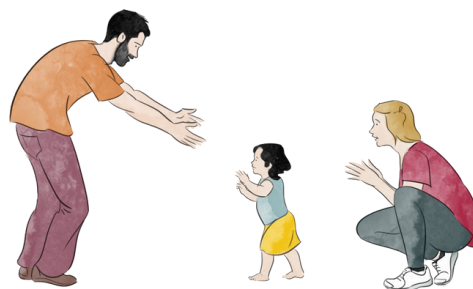


Circle of Security Monday evening



An evidence-based program that supports and strengthens child-parent relationships.

Circle of Security is an evidence-based program that supports and strengthens child-parent relationships. Research shows that children who experience a secure relationship with at least one parent have better health, stronger relationships and better educational outcomes into their future.

Learn about:

- Your child's emotional world by learning to read their emotional needs
- How to support your child to successfully manage their emotions
- Developing your child's self-esteem
- How to honour our innate wisdom and desire for your child to be secure.

Cost

Free

Date and time

8 x weekly online sessions; 2 hours each
From Monday 21 October to Monday 9 December;
7.30pm to 9.30pm* AEST/NSW time

*Make sure to adjust to your time zone

Location

Online via Zoom

This program is for

All parents and caregiver of children aged 0-12 years old

More Info

If you would like to discuss this program further, please feel free to contact Mana at mana@plumtree.org.au

Register your interest

www.plumtree/event/circle-of-security/monday



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