

# 2024: Our year in review



In 2024 we increased support for families without NDIS funding

# Supporting families for over 35 years

Plumtree is a trusted community organisation that partners with all families to learn new skills, build a network of support and thrive

During 2023–2024 we increased services for families waiting for NDIS funding and families not connected to the scheme. Our preschool enhanced inclusive activities, and we began responding to changes proposed by the independent NDIS Review.

#### Support for all families

As a community organisation, Plumtree has always supported young families through free playgroups, workshops and parent education programs. As demand rose in 2024, we provided free therapy sessions for families waiting for NDIS funding, and our Parents as Peer Leaders project exceeded projections in empowering families not connected to the scheme. Plumtree's free programs attracted a record number of participants.

We became a founding member of the Early Childhood Best Practice Network and the Child and Family Supports Alliance NSW to help guide the NDIS's transformation with our expertise on Foundational Supports.

#### **Plumtree Preschool**

At Plumtree Preschool, children of all abilities and cultural backgrounds learn together. Our high staff-to-child ratio let us provide more individual support to extend each child's skills, love of learning and curiosity.

We welcomed two multicultural inclusion workers to translate and read books to children in Mongolian, communicate with parents and assist educators. Major projects included knowledge and culture sharing with a First Nations artist at Soul Reign. Plumtree volunteer and artist Bridget Kelley worked with the preschool children to create a mural for our front entrance, to be installed later in the year.



SESSIONS FOR FREE PROGRAMS

732 FAMILIES AT

FAMILIES AT FREE PROGRAMS CHILDREN ENROLLED
IN PRESCHOOL



#### **NDIS** services

Every family of a child with a disability and delay begins at a different place, but all will benefit with a clear vision for the future.

A welcome visit connects new families at Plumtree to a peer worker with lived experience in raising a child with a disability. Together, they use Pictability, our visioning tool that identifies strengths and goals. Our NDIS team then works in partnership with families to achieve their goals and bring positive change.

We launched School & Life, a program focusing on school transition and support at school, home and in the community.

See our Events calendar to register and learn about our workshops, playgroups and events

#### Our board

Plumtree is supported by a board with diverse experience, united by their commitment to children and families.

The board is proud of the team's passion and dedication in helping families to thrive in the past year. As Foundational Supports become a focus of changes to the NDIS, Plumtree is well placed to advise with our history of supporting families and children through community approaches.

Nick Walter,
Chair of Board

142
NDIS PARTICIPANT

**FAMILIES SUPPORTED** 

38%

CALD FAMILIES
SUPPORTED

#### Your family at the centre

Family-centred practice is the gold standard in early childhood intervention services. We understand that each family is unique, and parents know their child's needs and abilities best. Plumtree works in partnership with families to provide the right supports and positive outcomes

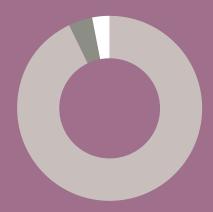
#### Planning plays a part

Pictability is an innovative approach for setting goals and a positive vision for children and families. Visually based, it identifies new possibilities through a fun, creative experience. You decide the goals that reflect your family's concerns and priorities.

"Not having a set of goals is like going for a drive but not knowing your destination – you want to know where you are going." Sylvana Mahmic CEO Plumtree

#### You make the difference

Families spend the most time with their child and are already making a big difference during everyday activities and routines. Children thrive in natural learning environments, such as the home and childcare, where they are a part of the community.



TIME WITH YOUR CHILD (Mahoney 2011)

Parent 93%

Special Educator 4%

Therapist 3%

"Professionals are a resource.

Most of a child's learning happens with
their family and carers between
therapy sessions."

## Now & Next: by parents, for parents

Our evidence-based program was delivered via the Parents as Peer Leaders Project (PPLP) to also support families without NDIS funding



Families of children with developmental concerns connected with our trained parent peer workers, learned new skills and accessed codesigned resources through Now & Next to take charge of their child's development and achieve positive family outcomes.

Unfunded families are more isolated and experience greater challenges in navigating supports. Our parent peer workers provided individualised guidance, resources and an invitation to participate in the capacitybuilding Now & Next program at no cost. Despite facing greater challenges than NDIS families, PPLP participants achieved significant gains in hope, empowerment and wellbeing after completing Now & Next. They also developed and achieved goals for their child, family and themselves.

PPLP exceeded objectives and demonstrated the positive impact of a peer-led approach in empowering NDIS funded and non-funded families—a valuable model for future foundational support initiatives.

#### The value of peer support

We continued to train and accredit parent leaders who became more confident in guiding their families. Some graduates went on to inspire and support others in their community.

Now & Next's impact extends overseas. Groups were held in New Zealand, Finland, Canada, Singapore and Albania. Plumtree CEO Sylvana Mahmic presented a keynote about the program, the value of engaging families in peer networks and building good family-professional partnerships at the Singapore Early Intervention Conference.

Read our Now & Next and PPLP blogs to learn more and download reports.



**N&N PARTICIPANTS** PPI P **SINCE 2015** 

**PARTICIPANTS** 

FAMILY LEADERSHIP **GRADUATES IN 2024** 

# Sharing expertise with communities

Our collaborations with professionals and families deliver valuable insights and skills to promote inclusion and participation



### **Enhancing inclusive libraries**

Libraries as Community
Connectors provides
online inclusion training
and resources for library
staff and professionals to
better welcome families.
Refunded to June 2025, the
project introduced online
mentoring workshops on
supporting children with
sensory processing challenges
and Q&As with parent peer
workers for inclusion insights
and sharing information.

Team members attended events such as the ALIA National Conference and were invited to speak at the Public Libraries Victoria webinar. A video was produced of participants discussing the benefits of completing the online learning and positive outcomes for their team.

### Promoting community participation

Peer-led and co-designed, Community & Me aimed to enhance participation in art, sport and recreational activities for families of children with developmental delay and disability from birth to 14 years. Two national family surveys attracted 289 responses, where parents and carers shared their children's current and desired participation in these activities, barriers to inclusion and how communities can be more welcoming.

To our knowledge, the questions were unprecedented on a national level. At the Australian Local Government Association (ALGA) 2024 National General Assembly, councillors acknowledged the survey's potential to guide future inclusion plans.

As a part of the National Family Survey, PhotoVoice was designed to enable children with disability or developmental delay to express their likes and dislikes in the community through photography. Parents who did the activity in a PhotoVoice workshop with their child reported increased engagement, bonding and many other positive outcomes.

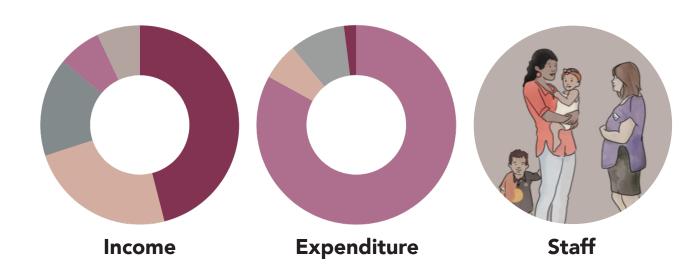
An Inclusion Visioning Kit for organisations to access and enhance their inclusive services was trialled by young people with disabilities in an initial user experience study. The positive feedback and insights received will guide further development. More PhotoVoice workshops are planned.

ONLINE COURSE PARTICIPANTS 599

CHILDREN INCLUDED IN SURVEY

PHOTOVOICE PARTICIPANTS

## Our year at a glance



## In 2023-2024 our income was a total of \$3,599,352 comprising:

- NDIS revenue 46%
- ILC grant funding 24%
- Preschool funding 16%
- Start Strong Pathways 7%
- Other grants & revenue 7%

Plumtree is a non-government, registered charity.

## In 2023-2024 our expenditure was \$3,677,610 comprising:

- Employee costs 83%
- Service delivery costs 6%
- Admin/occupancy costs 9%
- Project expenses 2%

Financials for the 2023–2024 period were audited by Chartered Accountants Meoli and Co and are available from Plumtree by request.

#### 52 total staff

- 10 speech pathologists
- 9 occupational therapists
- 5 teachers
- 4 physiotherapists
- 6 educators
- 3 behaviour specialists
- **5** peer workers
- 1 therapy aides
- 8 office support staff
- 1 project managers

Our passionate and culturally diverse team share a commitment to helping families achieve their goals.



# Plumtree would like to thank all our volunteers, supporters, champions and donors who help us be the best we can be, every day.



Service snapshot



Workshops & playgroups



Courses & support groups

1,018 children and their families supported by Plumtree including:

**142** NDIS families

80 preschool children

796 participants in

- » Playgroups
- » Workshops & courses
- Sponsored Now & Next
- » Peer groups

2,771 attendances over 361 sessions. Some free programs, such as courses, Sponsored Now & Next and Music Together comprised multiple sessions.

Our team also connected with hundreds of families at The Magic Yellow Bus playgroup. **Child development:** toilet independence, school readiness, learning and play

**Let's Talk About...:** on advocacy, supporting

children and building relationships

**Explorers Play:** a playgroup for babies and children under 3 years

**Music Together:** a playgroup for communication, interaction and musical fun

**Magic Yellow Bus** 

**partnership:** Plumtree team supporting families at Inner West mobile playgroup

**PhotoVoice:** Connecting with your child through photography and having fun!

Circle of security:

strengthening child-parent relationships

**Tuning into kids:** 

guiding children's emotional development

Now & Next:

skills for lasting positive outcomes for the entire family

MyTime and Vietnamese MyTime: an informal

gathering to unwind, socialise and share information

The above are just some examples of our programs. Learn more on our Events calendar.



Plumtree is a not-for-profit, community-based organisation that helps families thrive.

Trusted for over 30 years, we provide free centrebased playgroups and online parent education workshops. We also provide therapies and support for children aged birth to 8 years with a disability or developmental delay and their families. At Plumtree Preschool, children of all abilities and cultural backgrounds learn together and begin to understand the value of inclusive communities.

Our award-winning, evidence-based programs and resources help families take control of their own learning and achieve positive outcomes.

Plumtree's passionate, culturally diverse team of specialists work from the heart in a caring environment where families feel respected and informed.

Visit our website www.plumtree.org.au and join the Plumtree mailing list or Facebook page to find out about our services, workshops and events.



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