

# MyTime Marrickville

## in-person or online

### Connect & learn together

MyTime is a unique service for parents and carers of children with a disability, developmental delay or concern about their child's development.

It's a regular meeting place where you can unwind, socialise, discuss, get information, and support and be supported by other parents and family carers. It's a world away from appointments and therapy. It's support for you!

Members get to plan the group sessions around their specific needs as carers.

MyTime @ Plumtree is run by parent facilitators who have shared experience in raising a child with disabilities and delays.

For more information, visit [www.mytime.net.au](http://www.mytime.net.au)

Visit our website to see the planned topic. However, feel free to bring up any topic during the session—your input is valued and always welcome.



### Cost

Free

### Date and time

Wednesday fortnightly through the term

Session 1: Wednesday 30 April

Session 2: Wednesday 14 May

Session 3: Wednesday 28 May

Session 4: Wednesday 11 June

Session 5: Wednesday 25 June

All sessions 11am to 1pm Sydney time

### Location

At Plumtree House

19 Yabsley Avenue, Marrickville NSW

Please come through from the street, rather than the park.

### This program is for

For families of children aged 0-18 who may have a disability, developmental delay, neurodivergence, or concerns about their development.

### Childminding

Childcare is provided upon booking.

### More information

For more information, feel free to email [mana@plumtree.org.au](mailto:mana@plumtree.org.au)



## Secure your spot now



Plumtree Children's Services  
Yabsley Avenue, Jarvie Park  
Marrickville NSW 2204  
Phone: 02 9572 8840

Email: [info@plumtree.org.au](mailto:info@plumtree.org.au)  
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