

MyTime Marrickville

in-person or online

Connect & learn together

MyTime is a unique service for parents and carers of children with a disability, developmental delay or concern about their child's development.

It's a regular meeting place where you can unwind, socialise, discuss, get information, and support and be supported by other parents and family carers. It's a world away from appointments and therapy. It's support for you!

Members get to plan the group sessions around their specific needs as carers.

MyTime @ Plumtree is run by parent facilitators who have shared experience in raising a child with disabilities and delays.

For more information, visit www.mytime.net.au

Visit our website to see the planned topic. However, feel free to bring up any topic during the session—your input is valued and always welcome.



Cost

Free

Date and time

Wednesday fortnightly through the term

Session 1: Wed 13 Aug | Family well-being

Session 2: Wed 27 Aug | Supportive spaces in the community

Session 3: Wed 10 Sept | Emotional regulation for families

Session 4: Wed 24 Sept | Supporting Friendships

All sessions 11am to 1pm Sydney time

MyTime special workshop: Family Advocacy: Let's get started: getting ready for school and life

Wednesday 30 July; 7.30pm to 9.30pm AEST

Location

At Plumtree House

19 Yabsley Avenue, Marrickville NSW

Please come through from the street, rather than the park.

This program is for

For families of children aged 0-18 who may have a disability, developmental delay, neurodivergence, or concerns about their development.

Childminding

Childcare is provided upon booking.

More information

For more information, feel free to email mana@plumtree.org.au

Secure your spot now



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