

# Promoting your child's choice and voice



## Nurture your child's decision making and independence

It's never too early to begin nurturing your child's decision-making skills, empowering them to make choices and guiding them to become more independent and thrive in the future.

A child's "voice" encompasses more than their physical one; it includes their thoughts, feelings, and preferences. Everyone has the potential to become strong, confident, and capable, and encouraging your child's voice in decision-making supports this growth

During this interactive session you will:

- Learn about a practical model to develop your child's voice.
- Discuss the choices you currently offer your child.
- Take away practical strategies and resources to encourage your young child's voice and choice, helping them build confidence and independence.

#### Cost

Free

#### Date and time

Monday 23 March 2026; 7.30pm to 9.00pm AEDT Please adjust for your time zone if needed.

#### This program is for

Parents, carers, and family members of children aged 0-8 years.

#### Location

Online via Zoom

#### More information

For more information see the event page or feel free to email Mana (Parent Learning Manager) mana@plumtree.org.au

'Let's talk about...' sessions are created by families, for families. Facilitated by trained parent-peer workers who are raising a child with a developmental delay or disability, these sessions are a chance to connect, reflect, and learn in a supportive environment.

### Secure your spot now















