

Vietnamese MyTime

in-person or online

Connect & learn together



Vietnamese MyTime is a welcoming community for Vietnamese-speaking parents and carers of children with disabilities, developmental delays, or concerns about their child's development.

Facilitated by Vy Phan, Plumtree's Vietnamese family support worker, this informal gathering offers a relaxing space to share information, support each other, and unwind. It's a chance to connect with others who understand your experiences and get the support you need.

In addition to socializing, the group may feature guest speakers on topics of interest, and members have the opportunity to plan sessions around their specific needs. It's a supportive environment where you can take a break from appointments and therapy.

For more information, visit www.mytime.net.au

Cost

Free

Date and time

Thursday fortnightly through term

- Session 1: Thursday 5 February; 2026
- Session 2: Thursday 19 February; 2026
- Session 3: Thursday 5 March; 2026
- Session 4: Thursday 19 March; 2026
- Session 5: Thursday 2 April; 2026

All sessions 10am to 12pm AEDT

Location

Plumtree

Yabsley Avenue, Jarvie Park

Marrickville NSW 2204

This program is for

For families of children aged 0-18 who may have a disability, developmental delay, neurodivergence, or concerns about their development.

Childminding

Please get in touch if you need childminding

More information

For more information, feel free to contact the facilitator Vy Phan on vy.phan@plumtree.org.au



Secure your spot now



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