

MyTime Marrickville

in-person or online

Connect & learn together

MyTime is a unique service for parents and carers of children with a disability, developmental delay or concern about their child's development.

It's a regular meeting place where you can unwind, socialise, discuss, get information, and support and be supported by other parents and family carers. It's a world away from appointments and therapy. It's support for you!

Members get to plan the group sessions around their specific needs as carers.

MyTime @ Plumtree is run by parent facilitators who have shared experience in raising a child with disabilities and delays.

For more information, visit www.mytime.net.au

Visit our website to see the planned topic. However, feel free to bring up any topic during the session—your input is valued and always welcome.

MyTime is funded by the Australian Government Department of Social Services through Playgroup NSW. Visit www.dss.gov.au for more information.



Cost

Free

Date and time

Four fortnightly sessions, plus one workshop session (2 hours each):

- Wednesday 4 February | Planning for the year ahead
- Wednesday 18 February | predictable routines for family life
- Wednesday 18 March | Creative mealtimes
- Wednesday 1 April | Finding joy in the everyday moments

All sessions from 11am to 1pm AEDT/Sydney time

You are welcome to attend any session.

Additional session (separate registration required):

Thursday 5 March | Caring for Autistic children and young people

7.30pm to 9.30pm AEDT/Sydney time - Online

Location

At Plumtree House

19 Yabsley Avenue, Marrickville NSW

Please come through from the street, rather than the park.

This program is for

For families of children aged 0-18 who may have a disability, developmental delay, neurodivergence, or concerns about their development.

Childminding

Childcare is provided upon booking.

Secure your spot now



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