

# Now & Next

**Discover strategies that achieve lasting positive change for your child and family**



Life can be overwhelming for parents or carers if their children don't develop or behave in the same way as other children. Parents often wonder if there is something more they could be doing to help.

Now & Next is an 8-session interactive program that can help you make a positive difference for your child and the whole family.

We know that parents and carers make the biggest difference in their child life. Your time is valuable. Now & Next has changed the lives of families with strategies that work—and we have been measuring the outcomes that prove it.

## Join the program and you will

- Learn how to achieve more with less effort
- Use your strengths to make small changes that create a big impact for your child
- Learn how to increase the well-being and resilience of your entire family
- Learn strategies that have worked for other families
- Use our practical toolkit to get the best for your child when funding is limited

## Cost

Free for families with or without NDIS funding

Sponsored by Plumtree

This program is valued at \$1,280 AUD

[For families in New Zealand and the rest of the world](#)

For families in New Zealand and the rest of the world, see [Fast Track Inclusion Trust](#) for more details on how to enrol.

## Date and time

See our website for available dates and times - Available on weeknights and weekends.

## Location

Online via Zoom. Join us from anywhere in Australia!

## This program is for

Parents, family members and primary carers of children with disability, developmental delay or neurodivergence aged 0-12 years old.

## More Info

For more information, please contact the Now & Next team [eram@plumtree.org.au](mailto:eram@plumtree.org.au)

**Learn more**



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