Now & Next
Sunday

Discover strategies that achieve lasting positive change for your child and family

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Life can be overwhelming for parents or carers if their children don't develop or behave in the same way as other children. Parents often wonder if there is something more they could be doing to help.

Now & Next is an 8-session interactive program that can help you make a positive difference for your child and the whole family.

We know that parents and carers make the biggest difference in their child's life. Your time is valuable. Now & Next has changed the lives of families with strategies that work—and we have been measuring the outcomes that prove it.

Join the program and you will

- Learn how to achieve more with less effort
- Use your strengths to make small changes that create a big impact for your child
- Learn how to increase the well-being and resilience of your entire family
- Learn strategies that have worked for other families
- Use our practical toolkit to get the best for your child when funding is limited

Cost

Free for families with or without NDIS funding

Sponsored by Plumtree

This program is valued at $1,280 AUD

For families in New Zealand and the rest of the world

For families in New Zealand and the rest of the world, see Fast Track Inclusion Trust for more details on how to enrol.

Date and time

Weekly online sessions;
Eight sessions, 2 hours each
Attendance at all sessions is required.
From Sunday 10 May to Sunday 28 June 2026,
12pm–2pm AEST (NSW time).
Please adjust for your time zone if needed.

Location

Online via Zoom

This program is for

Parents, family members and primary carers of children with disability, developmental delay or neurodivergence aged 0-12 years old.

More Info

For more information, please contact the Now & Next team eram@plumtree.org.au

Secure your spot now