

## Now & Next



### Peer-led support created by families, for families

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Now & Next is an online program that provides practical tools, connection and support for parents of children with a disability, developmental delay or developmental concerns.

Developed with families and launched in 2015, the program is facilitated by parent peer workers who are trained to support families. Now & Next brings parents together to focus on what matters most for their child and family to thrive.

#### In Now & Next, you will:

- Plan strengths-based goals and take small, practical steps to achieve them
- Connect with other families, share information and learn together
- Explore ways to collaborate with people involved in your child's learning to achieve goals
- Support your child and family's wellbeing with practical strategies

#### Cost

Free for families in Australia as part of a collaboration between UNSW, the University of Melbourne, Monash University and Plumtree. The program is valued at AUD \$1,280.

For families in New Zealand and the rest of the world, see [Fast Track Inclusion Trust](#) for enrolment details.

#### Date and time

Weekly online sessions;  
Eight sessions, 2 hours each  
Multiple start dates run throughout the year, with both weeknight and weekend options so families can choose what works best for them.

#### Location

Online via Zoom. Join us from anywhere in Australia.

#### This program is for

Parents, family members and primary carers of children aged 0–12 years who have a disability, developmental delay, are neurodivergent or if there are concerns about their development.

#### More Info

For more information, please contact the Now & Next team [eram@plumtree.org.au](mailto:eram@plumtree.org.au)

Learn more



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