

## Nature Play

### Everything your child needs to develop their skills is readily available in the bush

Plumtree Nature Play is about getting back to basics and having fun outside. Come and be supported in learning about the simple, fun, and beneficial play that can happen in a natural bush setting.

You and your child will be guided to play and explore by qualified professionals who are registered with AHPRA, ensuring families are supported by skilled and trusted providers

Each day in the bush is different and activities are often shaped by the weather.

#### Learning outcomes could include:

- Fostering independence as children discover how to engage with the environment and develop essential self-help skills.
- Encouraging connections among peers through group activities and outdoor adventures, creating opportunities for shared experiences and new friendships.
- Learning and exploring through adventure, guided by the weather and the ever-changing natural surroundings.

#### Activities may include:

- Making mud pies
- Building with natural materials
- Slowing down to investigate and enjoy small wonders
- Climbing rocks, nature art, and craft
- Exploring different textures



#### Cost

Total cost \$193

Full payment is required. Missing the session cannot be refunded.

Cancellation as per the NDIS price guidelines.

The cost of the program can be covered using:

- NDIS funding
- Private Payment

Siblings who are not NDIS recipients are very welcome to attend as well (for free)

#### Date and time

Thursday 15 April 2026,  
10am to 12pm

#### Location

Wolli Creek Regional Park - Girrahween Picnic Area - Wolli Creek

#### This program is for

Families of children aged 0–8 with disability, developmental delay, or developmental concerns. We offer a maximum of 8 spots for this group (plus siblings). Siblings who are not NDIS participants are welcome to attend for free.

#### Facilitators

Nature Play is facilitated by two qualified Occupational Therapists who are registered with AHPRA, ensuring families are supported by skilled and trusted providers.

Secure your spot now

