

Vietnamese MyTime

in-person or online

Connect & learn together

Vietnamese MyTime is a welcoming community for Vietnamese-speaking parents and carers of children with disabilities, developmental delays, or concerns about their child's development.

Facilitated by Vy Phan, Plumtree's Vietnamese family support worker, this informal gathering offers a relaxing space to share information, support each other, and unwind. It's a chance to connect with others who understand your experiences and get the support you need.

In addition to socializing, the group may feature guest speakers on topics of interest, and members have the opportunity to plan sessions around their specific needs. It's a supportive environment where you can take a break from appointments and therapy.

For more information, visit www.mytime.net.au

MyTime is funded by the Australian Government Department of Social Services through Playgroup NSW. Visit www.dss.gov.au for more information.



Secure your spot now



Cost

Free

Date and time

Five fortnightly sessions, two hours each

- Session 1: Thursday 30 April; 2026
- Session 2: Thursday 14 May; 2026
- Session 3: Thursday 28 May; 2026
- Session 4: Thursday 11 June; 2026
- Session 5: Thursday 25 June; 2026

All sessions 10am to 12pm AEDT

Location

Plumtree

Yabsley Avenue, Jarvie Park
Marrickville NSW 2204

This program is for

For families of children aged 0-18 who may have a disability, developmental delay, neurodivergence, or concerns about their development.

Childminding

Please get in touch if you need childminding

More information

For more information, feel free to contact the facilitator Vy Phan on vy.phan@plumtree.org.au



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