

# Vietnamese MyTime

in-person or online

Connect & learn together

Vietnamese MyTime is a welcoming community for Vietnamese-speaking parents and carers of children with disabilities, developmental delays, or concerns about their child's development.

Facilitated by Vy Phan, Plumtree's Vietnamese family support worker, this informal gathering offers a relaxing space to share information, support each other, and unwind. It's a chance to connect with others who understand your experiences and get the support you need.

In addition to socializing, the group may feature guest speakers on topics of interest, and members have the opportunity to plan sessions around their specific needs. It's a supportive environment where you can take a break from appointments and therapy.

For more information, visit [www.mytime.net.au](http://www.mytime.net.au)

MyTime is funded by the Australian Government Department of Social Services through Playgroup NSW. Visit [www.dss.gov.au](http://www.dss.gov.au) for more information.



## Cost

Free

## Date and time

Five fortnightly sessions, each two hours long.

All sessions run from 11am to 1pm  
AEDT for NSW, ACT, VIC and TAS.

See event listing for dates

## Location

Plumtree

Yabsley Avenue, Jarvie Park

Marrickville NSW 2204

## This program is for

For families of children aged 0-18 who may have a disability, developmental delay, neurodivergence, or concerns about their development.

## Childminding

Please get in touch if you need childminding

## More information

For more information, feel free to contact the facilitator Vy Phan on [vy.phan@plumtree.org.au](mailto:vy.phan@plumtree.org.au)



Secure your spot now



Plumtree Children's Services  
Yabsley Avenue, Jarvie Park  
Marrickville NSW 2204  
Phone: 02 9572 8840

Email: [info@plumtree.org.au](mailto:info@plumtree.org.au)  
[www.plumtree.org.au](http://www.plumtree.org.au)  
ABN 62 664 994 050  
CFN 11220

