

NOW & NEXT PROGRAM

GLOBAL BENCHMARK DEC 2025

Executive summary

NOW & NEXT PROGRAM IS EFFECTIVE

- 83.4% of participants rated 9 or 10 (out of max 10) for 'how likely they are to recommend the program to other families' and only 2.7% rated below 7 (Net Promoter Score of Now & Next is 80.8%)
- Session ratings are high across all 8 sessions ranging from 8.8 to 9.4. Participants rated all the program critical components *extremely important* and *important*
- 33.6% participants were from Culturally & Linguistically Diverse background (CALD). CALD participants were from 67 different country of origins and speaking 58 different languages other than English at home
- 20.8% Male participants/ father's engagement which is high for early childhood intervention
- The program is reaching rural/ regional and very remote communities
- Different types of programs including *online, intensive* (8 session in 4 weeks), *paid* and *free* show the same trend as this Global Benchmark as being very effective

PARENT ARE BENEFITTING

- Data show that parents/carers are benefiting from the program based on numerous indicators
- Wellbeing indicators show that the program helped improving participants 'wellbeing in areas such as *positive emotions, engagement, relationships, meaning, accomplishment, physical health, happiness and optimism*.
- Participants reported reduced *loneliness and negativity*.
- Participants felt empowered and more hopeful after the program; their life satisfaction increased; and increases in the 5 capacity building outcomes.
- Goals achieved during program: 88% family; 84% child; 81% personal
- The program has positive impact: wellbeing ratings increased over the 8 sessions.
- *Participant feedback is extremely positive*

