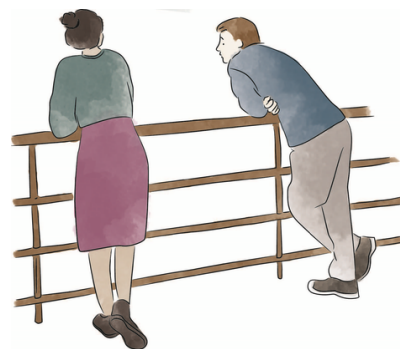


Building relationships for a thriving family for dads and male carers



Let's explore how to foster positive family outcomes through relationship health

Our relationships shape many of the moments we share as a family. One of the most important is the relationship with the people we share family life with, whether that's a partner, co-parent or other important people in our family

With the busyness of daily life, it's easy for connection to slip into the background. This session offers a chance to pause, reflect and reconnect with what matters most to you and your family.

Communication plays a big part in healthy relationships. This workshop offers practical ideas and space to reflect on what helps people feel close, heard and on the same page as they work towards shared hopes for their family.

Come along to discuss and explore:

- The power of reflection to gain clarity about what's important for you
- The key areas and importance of having a connected vision
- The Relationship T.H.R.I.L.L.S. framework

You're welcome to join in as much or as little as feels right for you.

There is no expectation to share personal experiences with the group.

Cost

Free

Date and time

Wednesday 4 November 2026
8 pm to 9.30 pm (NSW, ACT, VIC and TAS)

This program is for

Fathers and other male carers of children aged 0-12 years.

Location

Online via Zoom

More information

For more information see the event page or feel free to email Mana (Parent Learning Manager) mana@plumtree.org.au

The 'Let's talk about..' sessions are designed by families for families to discuss various topics and learn together. The sessions are facilitated by trained parent-peer workers raising a child with developmental delay or disability. Guest speakers might also be invited.

Secure your spot now

