Circle of Security

for dads and male carers*

An evidence-based program that supports and strengthens child-parent relationships.



Circle of Security is an evidence-based program that supports and strengthens child-parent relationships. Research shows that children who experience a secure relationship with at least one parent have better health, stronger relationships and better educational outcomes into their future.

In this program, you'll learn to:

- Understand your child's emotional world by learning to recognize their emotional needs.
- Support your child in managing their emotions.
- Build your child's self-esteem.
- Honor your inner wisdom and your desire to make your child feel safe and secure.

Learn more about the Circle of Security program.

*If there is limited interest, we may open the program to all parents and carers so that families can still access the support.

Cost
Free

Date and time
Weekly online sessions; Eight sessions, 2 hours each
Attendance at all sessions is required.
Wednesdays, 10 February to 31 March 2027
7.30 pm to 9.30 pm*
*Please note that all times listed are based on local time in NSW, ACT, VIC and TAS

Location
Online via Zoom.
Join us from anywhere in Australia!

This program is for
Fathers and other male primary carers of children aged 0-12 years.
While the Circle of Security is not a disability-specific program, it will help families apply the approach to their child's unique needs.

Contact details
For more information, please feel free to contact Mana, Parent Learning Manager, at mana@plumtree.org.au

Secure your spot now

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